

DAY TRIPS are offered throughout the year and open to NSAC members and non-members. For more information, contact the NSAC Trip Office at 603-816-2645, Mon-Thurs: 9am-11:30am or Margo Bell at mbell@nashuaseniorcenter.org or call 603-816-2643. As of the date of publication all of the following trips were still valid. Dates are subject to change. Please ask about the cancellation policy. Visit our website: www.nashuaseniorcenter.org/news for the latest updates and information.



**Wed., May 17, 2023
Ogunquit Playhouse**

The inspiring true story of one woman's remarkable journey from teenage songwriter to the Rock & Roll Hall of

Fame. Carole King wrote for the biggest acts in music, to her own life-changing, chart-busting success w/ "Tapestry," **Beautiful** takes you back to where it all began.

Lunch at Jonathan's before the show.

Choice of Chicken Piccata or Lemon-baked Scrod
Cost: \$170: Departs 10:15 am — Returns 6:45 pm

JERSEY BOYS

**Theatre by the Sea, Wakefield, RI
Thurs, September 7 (Cost: \$166 pp)**

The story of Frankie Valli and the Four Seasons. They worked their way up from the streets of New Jersey to the heights of stardom.

Lunch at the Theatre; Departs 8:45A; Returns 7:15P



**Wed., September 27, 2023
North Shore Music Theater**

While spying on their wives at a "girls night out," a group of unemployed steelworkers from Buffalo hatch a bold and unclothed plan to make some quick cash. As they conquer their fears, self-consciousness, and prejudices, the lovable misfits come to discover that they're stronger as a group, and the friendship they find in each other gives them the courage to "let it go."

Lunch at the Davensport Yacht Club with your choice of Chicken Piccata or Baked Haddock
Cost: \$167; Departs: 10:15 am; Returns: 6:30 pm



SINGIN' IN THE RAIN

Ogunquit Playhouse — June 21, 2023 Matinee

A 1952 American Musical Romantic Comedy becomes one of the greatest theatrical tap dancing extravaganzas at the Ogunquit Playhouse! Each unforgettable song and dance is relived on stage including the title song in an unforgettable rainstorm.

Cost: \$170—Lunch included at Jonathan's
Departs: 10:15 am—return 6:45 pm



BOSTON HARBOR CRUISE ABOARD THE LEXINGTON

JULY 4, 2023 Celebrate America!

Join us for a two-hour cruise on July 4th as we sail alongside the USS Constitution for the festivities and learn the proud history of the Nation!

Breakfast included at Maggiano's prior to the cruise. Time at Quincy Market after cruise. **COST: \$138**



TOOTSIE

**Wed., October 18, 2023
Ogunquit Playhouse**

Some call it "musical comedy heaven. Others call it "the most uproarious new musical in years." Tootsie is a Tony award-winning laugh out loud love letter to musical theater.

Lunch at Jonathan's Restaurant before the show.

Cost: \$170 pp. Departs 10:00 am/Returns 6:30 pm



**Wed., July 19, 2023
North Shore Music Theater**

Revisit the world's most beloved musical. **THE**

SOUND OF MUSIC tells the tale of a young nun who is dispatched to serve as governess for the seven children of a widowed naval captain. Her growing relationship with the children, coupled with her generosity of spirit, gradually captures the heart of the stern captain. Includes lunch at the Davensport Yacht Club with your choice of Chicken Piccata or Baked Haddock.

Cost: \$167 Departs 10:15A/Returns 6:30P



Wed., Nov 8, 2023 / North Shore Music Theater

The story spans from his impoverished childhood in Tupelo, Mississippi, to his triumphant 1968 "Comeback Special" and his ascent to be "The King."

Lunch at the Davensport Yacht Club before the show. Your choice of Chicken Piccata or Baked Haddock

Cost: \$167; Departs 10:15 am — Returns 6:30 pm

All day trips depart from the Exit 8 Park & Ride unless otherwise notified.

MULTI-DAY TRIPS

Pick up a flyer at the NSAC for full details

**Prices quoted are per person based on double occupancy. Prices are subject to change.*

2023

Spotlight on South Dakota — Sept. 26—Oct 2

Discover Canyon Country — Sept. 29—Oct. 6

2024

Spotlight on Nashville — March 2024

Sunny Portugal — May 2024

Nashua Senior Activity Center *INFORMATION*

MORE DAY TRIPS! MORE DAY TRIPS!

SQUAM LAKE CRUISE & HART'S TURKEY FARM (June)



Join us for lunch at Hart's Turkey Farm, a rustic tavern and gift Shop. Choose between the turkey dinner with all the fixings, roast beef, or broiled haddock. Lunch will be followed by a 90-minute Squam Science Center Lake Cruise to experience the beauty of Big Squam Lake & learn about the natural forces that created this lake. Binoculars are available for wildlife viewing.



GLOUCESTER WHALE WATCH (August)

Begin with lunch at the Beverly Depot in Beverly, MA, an historic 1890s working train station. Choose between a 6 oz sirloin, chicken marsala, or baked haddock. Next we head to Gloucester to board the Seven Seas Whale Watch vessel, the Privateer IV. After a 45-minute cruise out to the feeding grounds, we will visit with whales, learn about their habitat and the importance of preserving the ocean environment.



MARTHA'S VINEYARD (August)

Join us for a trip from Nashua to Martha's Vineyard. Upon arrival by ferry in Oak Bluffs, we will board a sightseeing school bus for a tour of the island. We will stop in Edgartown for lunch on our own. Once back in Oak Bluffs, there will be time for shopping and then board the ferry for home. A box lunch will be provided on the bus ride back to Nashua.

CURRENT OPERATING HOURS:

Monday, Tuesday, Wednesday: 9 am - 4 pm ~ Thursday: 9 am - 7 pm ~ Fridays: 9am—12 pm
except pre-registered evening programs and by appointment—subject to change



ROUND AGAIN SHOP: Monday — Thursday 9 am to 2 pm ~ Friday 9 am to 12:00 pm. FREE SPREE on the first Monday of every month: current members can choose one FREE OUTFIT. Must show your current NSAC membership card to receive this promotion - ask for details. There is a two-bag limit on donations, no appointment needed.



LIBRARY: Monday - Thursday 9 am to 2 pm & Friday 9 am to 12 pm. Donations are by appointment only and are limited to two grocery sized bags. Call Margo Bell at 603-816-2643 to schedule a donation.



FITNESS CENTER: Monday - Thursday 9 am to 4 pm & Friday 9 am to 12 pm. Members must have completed training and agree to abide by our cleaning protocol.



FITNESS ROOM ORIENTATION WITH KEVIN: The 1st & 3rd Tuesday of the month at 2:30 pm. Space limited - sign-ups are first-come, first-served. To register, please call 603-889-6155 or visit the Front Desk.

COMPUTER LOUNGE: Monday - Thursday 9 am to 4 pm & Friday 9 am to 12 pm. Registration not required - first come first served. Members must agree to abide by the established policies.



BILLIARDS: Check in at the Front Desk. \$3/members & \$5 non-members (per person). Monday: 9-3:30 PM, Tuesday, 1-4PM, Wednesday, 12:30—3:30 PM, Thursday, 9-4:30 PM. Friday not available. Call Cathy for further information. 603-816-2647.



MUSIC WITH BENES: Monday & Thursday 10:30 to 11:45 am & 12:30 to 1:45 pm.



OLDE TYME PICKERS: 3rd Tuesday of the month — 7 pm to 9 pm



MEALS on WHEELS
HILLSBOROUGH COUNTY

**Meals on Wheels of Hillsborough County
Community Dining Program at the Nashua Senior Activity Center:**

Balanced meals are being served to those 60 years of age or older
(suggested donation \$3.00)

Monday to Friday from 11:45am to 12:30pm

NASHUA SENIOR ACTIVITY CENTER

Our Mission:

To promote healthy aging, independence and the well-being of older adults through health, wellness, educational, cultural and recreational programs and services.



**Nashua Senior Activity Center
70 Temple Street
Nashua, NH 03060**

Non Profit Org
US Postage
PAID
Nashua, NH
Permit # 103

NASHUA SENIOR ACTIVITY CENTER MEMBERSHIP

Membership Office Hours: Monday through Friday: 9:15 am to 11:30

Eligibility: Membership is open to anyone in the greater Nashua area age 50 or older.

Membership and Renewal Fees: \$40 per year for individuals; \$60 per year for two individuals residing at the same address.

Membership Renewal by Mail:

Include a **self-addressed stamped envelope** to have your membership card and receipt mailed to you; otherwise, pick up your card and receipt when you visit the Senior Center.

Veterans Discount: Eligible military service veterans receive a \$5 discount.

Membership Fee Exemption: Membership fee is waived for seniors 90 years and older.

Payment: Cash, personal checks, credit cards, and debit cards are accepted.

Discounts on classes, entrance to social and special events, participation in other activities and more are privileges of membership. Therefore, membership cards must be presented at the time of registration.



FOLLOW US ON SOCIAL MEDIA:

www.nashuaseniorcenter.org



www.facebook.com/nashuasac



@nashuaseniors