

# Nashua Senior Activity Center



## *Friends Finding Friends !*

The Nashua Senior Activity Center is looking for seniors ages 50 and above to join a vibrant organization for a gratifying experience. We are teaming up with volunteers in the community to help encourage friends to find more friends. Don't miss out on this great opportunity!!!

Our mission is to  
"Promote healthy aging,  
independence and the  
well-being of older  
adults through health,  
wellness, educational  
cultural and  
recreational programs



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