

DAY TRIPS

Day trips are offered throughout the year and are open to NSAC members and non-members. For more information, contact the NSAC Trip Office at 603-816-2645, Monday - Thursday, 9AM - 11:30 AM or Margo Bell at 603-816-2643 or via email at mbell@nashuaseniorcenter.org.

PLEASE NOTE: As of the date of publishing all of the following day trips and multi-day tours were still valid. The dates are subject to change. Please ask about the cancellation policy.

Foliage and Quabbin Reservoir Tour



October 13, 2021—\$99.00 per person

You'll experience the colors of Fall as you travel along the scenic by-ways and highways of Central Massachusetts to West Brookfield's Salem Cross Inn where you'll enjoy a delicious full course luncheon. Afterwards, a native tour guide will take you throughout the Quabbin Reservoir explaining its history and construction. You'll then visit Brookfield Orchards, home of one of New England's largest apple growers where you can stroll through the store, purchase crisp juicy apples, zesty cheese or delicious fudge. Then you'll return to Nashua after a delightful day experiencing Mother Nature's Fall blessings!

Departs: 9:00 AM (Exit 8 Park & Ride)

Returns: approx. 5:30 PM



The American Heritage Museum & Longfellow's Wayside Inn!

November 17, 2021—\$99.00 per person

At the new American Heritage Museum in Hudson MA you'll experience the story of America's Veterans told in chronological order from The Revolutionary War to The War on Terrorism. The AHM possesses the largest collection of armored vehicles in North America and will astound you with displays that bring to life the sacrifices, honor and integrity that American Veterans have displayed for over 246 years. After your tour you'll enjoy a delicious full course luncheon at the historic Wayside Inn. Then you'll have time to find a treasure in the gift shop, view the Grist Mill, The Redstone Schoolhouse and other sights!

Departs: 8:30 AM (Exit 8 Park & Ride)

Returns: approx. 6:00 PM



The Broadway Comedy:

\$125.00 per person

October 27, 2021

SOCIAL SECURITY

This Broadway comedy surrounds a married couple who are art dealers. Their domestic tranquility is shattered upon the arrival of the wife's nerd of a sister, her uptight CPA husband and her archetypical Jewish Mother who are there to try and save their college-student daughter from the horrors of living only for sex! The comic sparks really begin to fly when the mother hits it off with an elderly minimalist artist who is the art dealers' best client.

First, you'll enjoy a delicious buffet luncheon in the dining room before entering the theatre for the entertaining and delightful play. Next you'll move back to the dining room for desert and beverages while enjoying a fun filled cabaret show!

Departs: 8:45 AM (Exit 8 Park & Ride)

Returns: approx. 6:30 PM



The Green Mountain Railroad

September 23, 2021—*BUS #2*

\$109 per person

Get on track with The Green Mountain Railroad and join us for an exciting day as

we journey to scenic Vermont!

After a visit to the famous Vermont Country Store in Rockingham, you'll travel to Chester to board your Green Mountain Railroad Train where you'll enjoy a delicious hot luncheon prepared by the Country Girl Diner. Then sit back for a two hour stunning foliage train ride with breathtaking views of covered bridges and the Connecticut River along with historical narration along the way.

Departs 8:00 AM (Exit 8 Park & Ride)

Returns: approx. 5:30 PM

DAY TRIPS

Yuletide Newport & The LaSalette Shrine

Thursday, December 2, 2021

\$109.00 per person

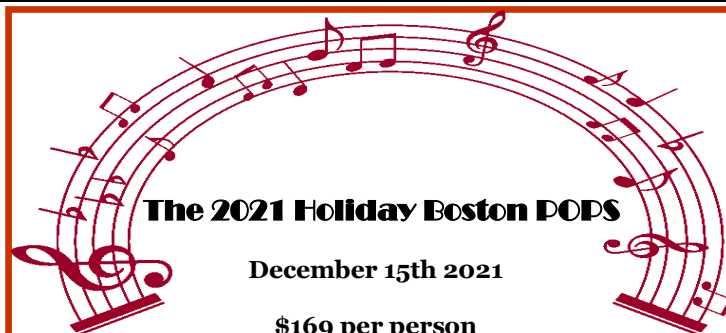


Embark on a delightful holiday tour combining the beautifully decorated mansions of Newport, RI and the magnificent lighting display of LaSalette Shrine!

You'll first visit Newport's grand Marble House Mansion fully decorated in holiday ornaments and displays followed by a delicious luncheon at an excellent Newport restaurant overlooking the waterfront. In the early evening a spectacle awaits you at LaSalette Shrine, where you'll view New England's largest and most colorful Christmas lights display!

Departs: 8:00 AM (Exit 8 Park & Ride)

Returns: approx. 7:00 PM



The 2021 Holiday Boston POPS

December 15th 2021

\$169 per person

Tour includes a delicious full course luncheon at the outstanding Venezia Restaurant overlooking the harbor. Then a scenic drive along the Boston Common to view the beautiful Christmas displays before arriving at Symphony Hall for your reserved first balcony seats and a dazzling performance by The Boston Pops and the renowned Keith Lockhart! Music so great it "Pops"!

Departs: 11:00AM (Exit 8 Park & Ride)

Returns: approx. 7:30 PM

KING TUT EXHIBIT in Boston, MA

POSTPONED UNTIL FURTHER NOTICE

Please call 603-816-2645 to be put on the call list for when it is rescheduled.

MULTI-DAY TRIPS

- **Tropical Costa Rica:** January 2022, with air from Boston (\$2198)
- **America's Music Cities:** Early March 2022, with air from Boston (\$2999)
- **Bluegrass Country and Great Smoky Mountains:** End of March 2022, with air from Boston (\$2999)
- **Alaska Discovery Land & Cruise:** July 2022, (double: \$5,649 ~ single: \$8,649)

Do you have a suggestion on a trip or event you would like to see us offer?
We are always looking to add new and exciting excursions or events and would love your input!
Call the Trip Office at 603-816-2645

VOLUNTEER

Volunteers play an important role at the Nashua Senior Activity Center. The time and talents of these individuals are truly valued and appreciated! If you have some available time and an interest in doing some volunteer work, please contact: Margo Bell at 603-816-2643. Volunteer positions to include:
Front Desk (3-4 hour shift) - Round Again Shop (3-4 hour shift) - Travel Office (3 hours)

Help Support NSAC!

The Nashua Senior Activity Center can receive a donation every time you shop!

Make sure you log-in to: www.smileamazon.com

Create an account and choose:

Nashua Senior Activity Center as your non-profit of choice!



NSAC

Inclement Weather Closings:
Watch WMUR or check
WMUR.COM

NSAC INFORMATION

The following businesses generously sponsored our Designer Purse Bingo event:



Health Markets

Ann-Marie Gallant, Realtor
with Keller Williams Metropolitan

The Lenny Dobens Agency

Home Instead

Morneau Law

R.J. Finlay & Company

Humana Market Point

Northeast Delta Dental

Triangle Credit Union



BUSINESS MEDIA SPONSORS



Harvard Pilgrim
Health Care



THANK YOU

TO OUR GRANTORS:

NASHUA ROTARY WEST

NSAC Updated COVID-19 Recommendations and Guidelines

Due to the rapid and alarming rise in COVID 19 cases, the CDC has issued new updated guidance on the use of masks in public indoor settings. To further reduce the risk of becoming infected with the Delta variant and transmitting it to others, it now recommends **everyone in areas of substantial or high community transmission wear a mask in public indoor settings, even if they are fully vaccinated.**

The population we serve at The Nashua Senior Activity Center falls into the high risk category and therefore it is **highly recommended** that all visitors **continue to wear a mask** while using our facility to protect their own health as well as the health of our members, volunteers, staff and guests.

In accordance with the guidelines from the City of Nashua, members, program participants and staff of The Nashua Senior Activity Center who are fully vaccinated may utilize our facilities and participate in programs without a face mask. However, **mask wearing is strongly encouraged** and visitors or staff who wish to continue to wear a mask will be fully supported. Fully vaccinated is defined as:

- 2 weeks after the second dose in a 2-dose series, such as the Pfizer or Moderna vaccines or 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine.

If you do not meet the above requirements, you are **NOT** considered fully vaccinated and **are required to wear a mask when inside our facility.** We will not be requiring proof of vaccination but are relying on the integrity of our members and guests to follow this guidance based on their vaccination status.

Additional sanitizing stations are located throughout the building (*frequent hand washing is encouraged*)

REVISED OPERATING HOURS:

Monday – Wednesday: 9:00 AM–4:00 PM, Thursdays: 9:00 AM–7:30 PM, Fridays: TBD*

*except pre-registered classes and by appointment

Class sizes have been reduced ~ Credit card payments are preferred ~ Pre-registration and social distancing required

RENEWAL REMINDER

Because of the COVID pandemic, we have had to temporarily switch the mailing of our newsletter to a mail house. This change has not allowed us to insert your membership renewal reminders in the newsletter, so many of you probably have not noticed that it's time to renew!

The staff and Board of Directors are all working hard to continue to safely add more programs and new benefits to your membership.

Renew your Nashua Senior Activity Center membership in September or October of 2021, and your name will be entered for a special drawing. There will be one drawing each month and the winner will receive a \$25 gift card. All you need to do is to renew your membership, and you will be eligible for the prize, which will be mailed to you.

Congratulations to June winner: Dorothy Gaumer and July winner: Donald Grenier!

NASHUA SENIOR ACTIVITY CENTER

OUR MISSION: to promote healthy aging, independence, and the well-being of older adults through health, wellness, educational, cultural, and recreational programs and services.



**Nashua Senior Activity Center
70 Temple Street
Nashua, NH 03060**

Non Profit Org
US Postage
PAID
Nashua, NH
Permit # 103

NASHUA SENIOR ACTIVITY CENTER MEMBERSHIP

Membership Office Hours: Monday through Thursday: 9:15 AM to 11:30 AM

Eligibility: Membership is open to anyone in the greater Nashua area age 50 or older.

Membership and Renewal Fees: \$40 per year for individuals; \$60 per year for two individuals residing at the same address.

Membership Renewal by Mail: Include a ***self-addressed stamped envelope*** to have your membership card and receipt mailed to you; otherwise, pick up your card and receipt when you visit the Center.

Veterans Discount: Eligible military service veterans receive a \$5 discount.

Membership Fee Exemption: Membership fee is waived for seniors 90 years and older.

Payment: Cash, personal checks, credit cards, and debit cards are accepted.

Use of the Membership Card: Members must present their card to receive member discounts.

Discounts on classes, entrance to social and special events, participation in other activities and more are privileges of membership. Therefore, membership cards must be presented at time of registration.

FOLLOW US ON SOCIAL MEDIA:

www.nashuaseniorcenter.org



www.facebook.com/nashuasac



[@nashuaseniors](https://twitter.com/nashuaseniors)